



melrose



SPIRULINA

a rich natural food source

Feel the
Power of Spirulina
in your Life

- Organic
- Rich in Chlorophyll
- Rich in Protein
- Vitamins and Minerals
- Nutrients

Melrose Health Supplies

4 Redland Drive, Mitcham VIC 3132
Phone 03 9874 7800
Fax 03 9874 7366

To view further Melrose products visit,
www.melrosehealth.com.au



What is Spirulina?

Melrose Clean Green Spirulina platensis is a microscopic blue - green algae, cultured in shallow open ponds. A combination of fresh spring water, sunshine and air, together with the added food nutrients help spirulina grow. Spirulina has been consumed by many native cultures as a highly valued natural food for centuries.

Regarded as the perfectly balanced nutritional food source, it is ideal for all ages.

Melrose Clean Green Spirulina contains concentrations of organic nutrients including: Vitamins and minerals (B1, B2, B3, B5, B6 and B12.) Beta-carotene, vitamin E, Iron, Manganese and Zinc, enzymes, trace elements, 63% easily digestible proteins, all the essential amino acids and nucleic acids (RNA & DNA), an array of natural antioxidants and phytonutrients and an abundant source of chlorophyll.

Melrose Clean Green Spirulina contains concentrations of nutrients unlike any other single grain or plant.

Spirulina will benefit

Spirulina is suitable for all ages and will particularly benefit;

- Health conscious people
- People lacking in energy
- People afflicted by fatigue
- Busy people and growing children
- People who are iron deficient
- People on restricted diets
- People not eating enough green vegetables

Melrose Clean Green Spirulina tablets are produced at the site where spirulina is harvested. From harvest to tableting takes only a few hours and overcomes the necessity to add binders and fillers

Nutritional Information

Serving size 6 tablets (3 grams)

	Per serve 3g	Per 100g
Energy	48kJ	1600kJ
Protein	1.9g	63g
Fat Total	0.21g	7g
GLA	48mg	1.62g
Saturated	3mg	0.1g
Carbohydrate	0.51g	17g
Sugars	0g	0g
Fibre	90mg	3g
Chlorophylls	45mg	1.5g

Nucleic Acids

RNA	88.6mg	2950mg
DNA	11mg	370mg
B Carotene	7.7mg	258mg
Carotenoids	9mg	300mg
Vitamin B12	6.9mcg	230mcg
Iron	2.2mg	75mg
Folic Acid	1.8mcg	61mcg
Potassium	31.5mg	1048mg
Sodium	9.6mg	320mg

Benefits

Melrose Clean Green Spirulina

- Rich nutrient source
- Natural Cleanser of the blood
- Supporting the immune system
- Vegan source of B12
- Rich in GLA-gamma linolenic acid that supports the production of preferable inflammatory mediators eicosanoids.

Directions

Swallow 6 or more tablets a day or one metric teaspoon of powder (3 grams) a day

Availability

Available in powder 120g

500mg tablets 100, 200, 500 and 1000

Melrose Clean Green Spirulina is certified Organic by ACO

