

melrose

Almond Oil is pressed, refined, then bottled under nitrogen and packed in amber glass to reduce both photon and auto-oxidation. This preserves nutritional value, and helps maintain its fresh taste.

Product of USA / Spain

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Best
Before

Almond Oil



500mL

OIL 058

NUTRITIONAL INFORMATION

	per metric tblspn	per 100g
<i>Contains 33 serves</i>		
Energy	640kJ	3500kJ
Protein	0g	0g
Fat total	18g	100g
Monounsaturated Oleic	12g	66g
Polyunsaturated Linoleic	4.5g	25g
Saturated Fats	1.6g	10g
Carbohydrates	0g	0g
Sugars	0g	0g
Cholesterol	0mg	0mg
Sodium	0mg	0mg

Sweet Almond Oil is obtained from the seeds of *Prunus dulcis*. It has a slight odour and the taste is bland and nutty. Use in cooking and salads.

